

TRU Health Care Assistant (HCA) Certificate Program Information

1. Program Overview:

The HCA program follows the Health Care Assistant BC Provincial Curriculum

This 27 week program is designed to prepare the graduate to function, under supervision, as a Health Care Assistant. Learned skills will be applied in the community utilizing care facilities, assisted living facilities and private homes. The focus is on the knowledge and skills required to assist older adults in meeting basic physical, psychological/emotional, cognitive, social and spiritual needs. Students learn to provide practical assistance to help maintain the client's maximum independence within the limits of his/her ability.

Length

27 Weeks: 745 hours

Dates

There are two programs scheduled:

September 2017 to March 2018

January to July 2018

2. Requirements:

Admission/Educational Requirements

BC Grade 11 (Grade 12 preferred) or mature student status.

BC English 11 — B minimum or equivalent.

English competency requirement for non-native English speakers.

Volunteering or experience working with older adults is recommended

Program Requirements upon Acceptance

1. **Standard First Aid with CPR “C”** – submit copy
To register call TRU Continuing Education 250-371-5974
2. **Food Safe Certificate** – submit copy
To register call TRU Continuing Education 250-371-5974
3. **Student Immunization Form** – submit as you are completing vaccinations prior to practice in week 5 of program – on Website
4. **HSPnet Consent Form** – this will be done in class
5. **Criminal Record Check consent** – submit a signed CRC consent form (This consent allows the Ministry of Public Safety and the Solicitor General’s office to complete the CRC and send report to SON). A clear CRC is required for the practice courses

NOTE: You will not be permitted in clinical practice if these requirements are not complete.

Send copies of all completed requirements to the School of Nursing, **not back** to TRU Admissions

Email: ressler@tru.ca | FAX: 250.371.5909

Postal Mail: TRU School of Nursing, 900 McGill Road, Kamloops, BC V2C 0C8

Submit at office: Ken Lepin Building, Room 204

Requirements during the HCA Program:

Gentle Persuasive Approaches Certificate – will be arranged once program starts, student responsible for fees, and the cost is approximately \$80.

Technology and computers – students need to have basic computer skills such as the ability to use email, do basic word processing (complete assignments on computer), conduct basic Google searches, use Moodle and myTru for course work and marks

2. HCA Policy Overview:

Grades:

There are nine individual courses. The passing grade is 70% and students *must* pass **EACH** course to continue in the program (HEAL 1000, 1010, 1050, 1100, 1150, 1200, 1250, 1300 and 1350)

Course work consists of quizzes, exams, written and oral assignments.

Expect approximately 1-2 hours of homework per night

There are **NO** rewrites on exams, quizzes or graded assignments

Practice Skills:

Personal care skills (i.e. oral care, bedbath, etc.) are demonstrated, practiced and tested in the nursing Lab and in the care facilities. These skills are graded in the nursing lab and clinical setting as (successful) pass, (unsuccessful) fail. Some personal care skills are demonstrated in different courses, students must successfully demonstrate safe completion of the skill at that time in order to continue in the program

Confidentiality: Confidentiality is a professional trust; therefore, it is an expectation of the program, to keep any knowledge of a confidential nature within the professional situation. A confidentiality form will be signed as part of your program work.

Attendance: Students are expected to attend all classes, labs, and the practice experiences. Please refer to the TRU attendance policy regarding missed class time (90% attendance to be successful). Students must meet the TRU Calendar policy of attendance, in that to successfully meet the course objectives students must have a minimum of 90% attendance. In regards to practicum, this equates to 4 days maximum of missed practice time

Dress Code:

During the lab, community and clinical/practicum experiences at Residential Care Facilities, Home Support Agencies, Assisted Living Facilities, students follow the TRU dress code policy. Students wear their navy blue scrubs, closed-toed/heeled walking shoes (running shoes, non-mesh), and a TRU name tag.

Cell Phones: No personal use of cell phones in class, lab or in the practice area

3. Course Schedule: Monday to Friday.

Classroom schedules are as follows:

Monday: Lab – 9:00 am until 3:00 pm (1 hour lunch)

Tuesday through Friday: classroom - 9:00 am to 3:00 pm daily (1 hour lunch)

Practice

Practice schedules and times will include days and evenings and will be discussed in the first weeks of the program.

Residential Care facilities: Shifts will be a combination of day shifts 7am – 3 pm and evening shifts 2pm — 10 pm.

Home Support/Assisted Living Preceptorship: Times vary between 6:30 AM to 10 PM (some split shifts / no more than 8 hours/day). **You are responsible for your own transportation during this experience.** You may use your own vehicle or a commercial taxi.

4. Resources

Student Resources

ALL TRU students have access to the TRU Library, Student Services, Counselling, Campus Activity Centre, and Health Services with a full time physician.

The Writing Centre has tutoring available for written assignments.

Computer labs are located across campus and The TRU Bookstore

Information Resources

TRU HCA Certificate Program website (Program information, Career Info, Apply Now, Accepted Students)http://www.tru.ca/nursing/programs/hs_rcarequire.html

Virtual Tours – videos of the education and roles of the HCA student and graduate:

<http://www.youtube.com/watch?v=394Mx7CJ1Ek>

TRU Health Care Assistant Certificate Program costs – 2017/2018

The following information is a list of the approx. costs associated with the program (Subject to Change). TRU Fee information is available from the **TRU Calendar** at: www.tru.ca/calendar.html

The estimated Total Cost of Program is \$5000 (tuition plus additional expenses)

https://banssbprod.tru.ca/banprod/bwyfaapx.p_select_year

Other Expenses include:

Application to TRU (if new to TRU)

Accuplacer Assessment Test (if required)

Standard First Aid with CPR (C) – check at TRU 250.371.5947 or with community organizations offering the same program

Food Safe Certificate - check costs at TRU 250.371.5947 or with community organizations offering the same program

Immunizations – must be completed by Week 4 of the HCA Program

Textbooks and Other Program Expenses

* **Items may be purchased at the TRU Bookstore:** <http://thebookstore.tru.ca/>

(Go to “Buy Textbooks”, Appropriate “Term”, and “HEAL” courses

Textbooks:

Looking Out, Looking In (**Required First Week**)

Mosby's Canadian Textbook for the Support Worker (**Required First Week**) Integrating a Palliative Approach Text (Required)

Integrating a Palliative Approach Workbook (Optional)

Fast Facts for Dementia Care (Optional)

Merriam-Webster's Medical Dictionary New Edition (Recommended)

Other Expenses Estimated

\$20 TRU student pin- \$7 + engraving of first name

\$40 Navy Blue Scrubs (pants and top) at bookies or available at other retail locations

\$45 School supplies- binders, paper, pens, ruler, hi-liter, 3-4 duo-tangs,

\$25 Book bag, knap sack

\$80 Closed-toe and heel shoes for practicum

\$65 Gentle Persuasive Approaches - IHA course- will be arranged during the program

\$200 Approximate Transportation - to and from facilities and home support

\$300 Parking at TRU \$5/day, some Assisted Living buildings (Ponderosa Lodge parking \$6/day for 12 days)

Program Information: <http://www.tru.ca/nursing/programs/healthcare/program.html>

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TRU Admissions 250.828.5036 admissions@tru.ca